

RSHE Curriculum Map EYFS-Y6

EYFS				
Autumn Term				
EYFS Curriculum Coverage	Coverage of EYFS Curriculum:			
	Journey in Love (Social and Emotional)	Come and See	No Outsiders in our school (Stories to cover)	Other
Personal, Social and Emotional Development: Self-regulation, Managing self, Building relationships Physical Development: Gross motor skills Literacy: Comprehension Understanding the World: Past and Present, People, Culture and Communities	The wonder of being special and unique - To recognise the joy of being a special person in my family	Myself – God knows and loves each one of us Welcome – Baptism; a welcome to God’s family Birthday – Looking forward to Jesus’ birthday	You Choose by Nick Sharratt - To say what I think Red Rockets and Rainbow Jelly by Sue Heap – To understand that it’s ok to like different things	Stories linked to being special/unique: <ul style="list-style-type: none"> • Hairy McClary by Lynley Dodd • Oskar can by Britta Teckentrup • Giraffes can’t dance by Giles Andreae • Pink is for boys by Robb Pearlman • The Lion Inside by Rachel Bright • I am Enough by Grace Byers • Matisse’s magical trail by Tim Hopgood • Amazing Grace by Mary Hoffman (racism) For more stories related to different topics use the hyperlink below: https://www.booksfortopics.com/early-years Theme/Topic days: <ul style="list-style-type: none"> • CAFOD – Advent fundraising events • Black History Week • Anti Bullying Week • Odd Socks day – Anti Bullying • Christmas cards for residents in local care homes • Knowsley road safety team - Involvement in road safety competitions annually – awareness of being safe on the roads, particularly during the dark nights

				<ul style="list-style-type: none"> School health – handwashing and hygiene, healthy eating, dental hygiene <p>Other:</p> <ul style="list-style-type: none"> Daily mile is encouraged to promote health and fitness Collective worship themes reflecting on current local/global situations
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EYFS				
Spring Term				
EYFS curriculum coverage:	Coverage of EYFS Curriculum:			
	Journey in Love (Physical)	Come and See	No Outsiders in our school (Stories to cover)	Other
Personal, Social and Emotional Development: Self-regulation, Managing self, Building relationships Physical Development: Gross motor skills Literacy: Comprehension	The wonder of being special and unique - To recognise that we are all different and unique	Celebrating – People celebrate in Church Gathering – The parish family gathers to celebrate the Eucharist Growing – Looking forward to Easter	Blue Chameleon by Emily Gravett - To makes friends with someone different The Family Book by Todd Parr – To understand that all	Stories linked to healthy eating/growing/life cycles: <ul style="list-style-type: none"> Oliver’s Milkshake by Vivien French Oliver’s Fruit Salad by Vivien French Oliver’s vegetables by Vivien French The Very Hungry Caterpillar by Eric Carle Jasper’s Beanstalk by Nick Butterworth The Growing Story by Ruth Krauss Jack and the Beanstalk Stories linked to right and wrong: <ul style="list-style-type: none"> Goldilocks and the three bears Daily mile is encouraged to promote health and fitness Collective worship themes reflecting on current local/global situations

Understanding the World: Past and Present, People, Culture and Communities			families are different	Lent fundraising activities
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EYFS				
Summer Term				
EYFS curriculum coverage	Coverage of EYFS Curriculum:			
	Journey in Love (Spiritual)	Come and See	No Outsiders in our school (Stories to cover)	Other
Personal, Social and Emotional Development: Self-regulation, Managing self, Building relationships Physical Development: Gross motor skills	The wonder of being special and unique - To celebrate the joy of being a special person in God's family	Good New – Passing on the Good News of Jesus Friends – Friends of Jesus Our World – God's Wonderful World	Mommy, Mama and Me by Leslea Newman - To celebrate my family	Stories linked to feelings/emotions: <ul style="list-style-type: none"> The Colour Monster by Anna Llenas Stories about inspiring people tackling a range of current issues: <ul style="list-style-type: none"> Little people, BIG DREAMS series Stories linked to trusting others/making friends: <ul style="list-style-type: none"> The gingerbread man Little Red Riding Hood The three little pigs Coming to England by Floella Benjamin Daily mile is encouraged to promote health and fitness Collective worship themes reflecting on current local/global situations

Literacy: Comprehension				
Understanding the World: Past and Present, People, Culture and Communities				

Year 1					
Autumn Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Social and Emotional)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Respectful relationships Mental well being	We meet God's love in our family - To recognise signs that I am loved in my family	Families – God's love and care for every family Belonging – Baptism and invitation to belong to God's family	Ten Little Pirates by Mike Brownlow - To play with boys and girls That's not how you do it by Ariane Hofman-Maniyar – To	Mental health and emotional well being – Lesson 1: We all have feelings Lesson 2: Good and not so good feelings	Science: Animals, including humans – <ul style="list-style-type: none"> To identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense Theme/Topic days: <ul style="list-style-type: none"> CAFOD – Advent fundraising events Black History Week Anti Bullying Week Odd Socks day – Anti Bullying

Physical health and fitness		Waiting – Advent a time to look forward to Christmas	accept people are different	Lesson 3: Big feelings	<ul style="list-style-type: none"> Christmas cards for residents in local care homes Knowsley road safety team - Involvement in road safety competitions annually – awareness of being safe on the roads, particularly during the dark nights <p>Other:</p> <ul style="list-style-type: none"> Daily mile is encouraged to promote health and fitness Collective worship themes reflecting on current local/global situations <p>NSPCC – Keeping Children Safe: PANTS Teacher link: https://learning.nspcc.org.uk/research-resources/schools/pants-teaching Parent link: https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</p> <p>Basic First Aid: Swimming lessons – safety in water skills</p>
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Year 1					
Spring Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Physical)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Caring friendships	We meet God’s love in our family - To recognise how I am cared for and	Special people – People in the parish family	Max the Champion by Sean Stockdale – To understand that our	Dental health – To learn about keeping teeth healthy	Lent fundraising events – CAFOD, The Good Shepherd Appeal Design Technology – Healthy eating topic <ul style="list-style-type: none"> To use the basic principles of a healthy and varied diet to prepare dishes

Respectful relationships	kept safe in in my family	Meals – Mass; Jesus’ special meal	bodies work in different ways	The Sleep Factor – Taking care of myself: ready for sleep	<ul style="list-style-type: none"> To understand where food comes from Other:
Being safe		Change – Lent a time to change			<ul style="list-style-type: none"> Daily mile is encouraged to promote health and fitness Collective worship themes reflecting on current local/global situations
Mental well being					
Physical health and fitness					
Health and Prevention					

Year 1					
Summer Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Spiritual)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Caring friendships	We meet God’s love in our family - To celebrate ways that God loves and cares for us	Holidays and Holy Days – Pentecost: a feast of the Holy Spirit Being sorry – God helps us to choose	My World, Your World by Melanie Walsh - To understand that we share the world with lots of people	Values, money and me - https://www.valuesmoneyandme.co.uk/ Stories to work with: Do the right thing, Hero or Zero Handwashing – ‘Soaper heroes’ see link below : Set up teacher login and access free resources https://nationalschoolpartnership.com/initiatives/soaper-	Other: <ul style="list-style-type: none"> Daily mile is encouraged to promote health and fitness Collective worship themes reflecting on

Respectful relationships		well; Sacrament of Reconciliation	Elmer by David Mckee – To like the way I am	heroes/?utm_source=NSP&utm_medium=PSHE&utm_campaign=LBY3&utm_content=PSHEAssociation	current local/global situations <ul style="list-style-type: none"> • Stranger danger
Physical health and fitness		Neighbours – Neighbours share God’s world			
Health and prevention					

Year 2					
Autumn Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Social and emotional)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Caring friendships Respectful relationships	We meet God’s love in our family - To recognise the joy and friendship of belonging to a diverse community	Beginnings – God at every beginning Signs and symbols – Signs and symbols in Baptism	The Great Big Book of families by Mary Hoffman - To understand what diversity is	Mental health and emotional well being – Lesson 1: We all have feelings Lesson 2: Good and not	Theme/Topic days: <ul style="list-style-type: none"> • CAFOD – Advent fundraising events • Black History Week • Anti Bullying Week • Odd Socks day – Anti Bullying • Christmas cards for residents in local care homes • Knowsley road safety team - Involvement in road safety competitions annually – awareness of being safe on the roads, particularly during the dark nights

Mental well being		Preparations – Advent; preparing to celebrate Christmas	The Odd Egg by Emily Gravett – To understand what makes someone feel proud	so good feelings Lesson 3: Big feelings	<ul style="list-style-type: none"> School health – handwashing and hygiene, dental hygiene Other: <ul style="list-style-type: none"> Daily mile is encouraged to promote health and fitness Collective worship themes reflecting on current local/global situations Basic First Aid: Swimming lessons – safety in water skills NSPCC – Keeping Children Safe: PANTS Teacher link: https://learning.nspcc.org.uk/research-resources/schools/pants-teaching Parent link: https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/
Physical health and fitness					
Healthy eating					

Year 2					
Spring Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Physical)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Caring friendships	We meet God's love in To describe ways of being safe in communities	Books – The books used in Church Thanksgiving – Mass; a special time for saying	Just Because by Rebecca Elliot – To feel proud of being different	Drug, alcohol and tobacco – Lesson 1 Keeping safe: things that go into and onto our bodies	Design Technology: Juicy Fruit Salad <ul style="list-style-type: none"> To use the basic principles of a healthy and varied diet to prepare dishes To understand where food comes from

Respectful relationships		thank you to God for everything, especially Jesus	Introducing Teddy by Jessica Walton – To have different friends	Lesson 2 Keeping healthy: medicines Lesson 3 Keeping safe: medicines and household products	Science: Animals including humans- <ul style="list-style-type: none"> To notice that animals, including humans, have offspring which grow into adults To find out about and describe the basic needs of animals, including humans, for survival (water, food and air) To describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene Other: <ul style="list-style-type: none"> Daily mile is encouraged to promote health and fitness Collective worship themes reflecting on current local/global situations Lent fundraising events – CAFOD, The Good Shepherd Appeal
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Year 2					
Summer Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Spiritual)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me	We meet God's love in our family - To celebrate ways of	Spread the word – Pentecost; a time to	The First Slodge by Jeanne Willis -	Values, money and me - https://www.valuesmoneyandme.co.uk/ Stories to work with: I want it! Charity Job Week	Other: <ul style="list-style-type: none"> Daily mile is encouraged to promote health and fitness

Caring friendships Respectful relationships Mental well being Physical health and fitness	meeting God in our communities /	spread the Good News Rules – Reasons for rules in the Christian family. Sacrament of Reconciliation Treasures – God’s treasure; the world	To understand how we share the world Blown Away by Rob Biddulph – To be able to work with everyone in my class		<ul style="list-style-type: none"> Collective worship themes reflecting on current local/global situations
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Year 3					
Autumn Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Social and Emotional)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Respectful relationships Caring friendships	How we live in love - To describe and give reasons how friendships make us feel happy and safe.	Homes – God’s dream for every family Promises – Promises made at Baptism	Beegu by Alexis Deacon - To be welcoming Two monsters By David McKee – To	Mental health and emotional well being: Lesson 1 – Everyday feelings	Science: Animals including humans- <ul style="list-style-type: none"> To identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat To identify that humans and some other animals have skeletons and muscles for support, protection and movement

Mental well being		Visitors – Advent: waiting for the coming of Jesus	find a solution to a problem	Lesson 2 – Expressing feelings Lesson 3 – Managing feelings	Theme/Topic days: <ul style="list-style-type: none"> • CAFOD – Advent fundraising events • Black History Week • Anti Bullying Week • Odd Socks day – Anti Bullying • Christmas cards for residents in local care homes Other: <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness • Collective worship themes reflecting on current local/global situations Basic First Aid: Swimming lessons – safety in water skills
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Year 3					
Spring Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Physical)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Respectful relationships	How we live in love - To describe and give reasons why	Journeys – Christian families journey with Jesus	Oliver by Brigitta Sif - To understand how difference can affect someone	The Sleep factor: Taking care of myself: getting a good night's sleep Handwashing – 'Soaper heroes' see link below : Set up teacher login and access free resources https://nationalschoolspartnership.com/initiatives/soaper-	NCSC – Internet safety https://www.ncsc.gov.uk/information/cybersprinters-game-and-activities#section_1

<p>Caring friendships</p> <p>Online relationships</p> <p>Physical health and fitness</p> <p>Mental well-being</p> <p>Health and prevention</p> <p>Being safe</p> <p>Internet safety and harms</p>	<p>friendships can break down, how they can be repaired and strengthened.</p>	<p>Listening and sharing – Jesus gives himself to us in a special way</p> <p>Giving all – Lent: a time to remember Jesus’ total giving</p>	<p>The Heuys in the New Jumper By Oliver Jeffers – To use strategies to help someone who is different</p>	<p>heroes/?utm_source=NSP&utm_medium=PSHE&utm_campaign=LBY3&utm_content=PSHEAssociation</p>	<p>Use the link above to access the game and suggested activities</p> <p>Science: Light</p> <ul style="list-style-type: none"> • To recognise that light from the sun can be dangerous and that there are ways to protect their eyes <p>Other:</p> <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness • Collective worship themes reflecting on current local/global situations • Lent fundraising activities <p>St John’s Ambulance (Basic First Aid) – https://www.sja.org.uk/get-advice/first-aid-lesson-plans/</p>
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					<p>Use the above link to access resources for the following:</p> <ul style="list-style-type: none"> • KS2 Emergencies and calling for help • KS2 Bites and Stings
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Year 3					
Summer Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Spiritual)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
<p>Families and people who care for me</p> <p>Respectful relationships</p> <p>Caring friendships</p> <p>Physical health and fitness</p>	<p>How we live in love - To celebrate the joy and happiness of living in friendship with God and others.</p>	<p>Energy – Gifts of the Holy Spirit</p> <p>Choices – The importance of examination of conscience; Sacrament of Reconciliation</p> <p>Special Places – Holy places for Jesus and Christians</p>	<p>This is our house by Michael Rosen - To understand what ‘discrimination’ means</p> <p>Big Bob, little Bob by James Howe – To use my pupil voice</p>	<p>Values: Money and me - https://www.valuesmoneyandme.co.uk/teachers</p> <p>Stories to work with: Charity job week, Finders Keepers</p>	<p>Other:</p> <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness • Collective worship themes reflecting on current local/global situations <p>DT – Making Stir Fry To understand and apply the principles of a healthy and varied diet</p>

Online relationships						Computing – internet safety To use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.
Being safe						
Internet safety and harms						
Healthy eating						

Year 4					
Autumn Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Social and Emotional)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Respectful relationships Caring friendships Mental well being	God loves us in our differences - To describe how we all should be accepted and respected.	People – The family of God in scripture Called – Confirmation: a call to witness Gift – God’s gift of love	Dogs don’t do ballet by Anna Kemp - To know when to be assertive King and King by Linda de Hann – To understand why people	Mental health and emotional well being: Lesson 1 – Everyday feelings Lesson 2 – Expressing feelings	Science: Animals including humans- • To identify the different types of teeth in humans and their simple functions Theme/Topic days: • CAFOD – Advent fundraising events • Black History Week • Anti Bullying Week

Physical health and fitness		and friendship in Jesus	choose to get married	Lesson 3 – Managing feelings	<ul style="list-style-type: none"> • Odd Socks day – Anti Bullying • Christmas cards for residents in local care homes
Healthy eating					<p>Other:</p> <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness • Collective worship themes reflecting on current local/global situations
Health and prevention					<p>Basic First Aid: Swimming lessons – safety in water skills</p>

Year 4					
Spring Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Physical)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Respectful relationships Caring friendships Physical health and fitness	<p>God loves us in our differences</p> <p>- To describe how we should treat others making links with the diverse modern society we live in.</p>	<p>Community – Christian life in the local community: ministries in the parish</p> <p>Giving and receiving – Living in communion</p>	<p>King and King by Linda de Hann - To understand why people choose to get married</p> <p>The Way Back Home by Oliver Jeffers – To overcome</p>	<p>Drugs and alcohol - Lesson 1</p> <p>Safety rules and risks: medicines and household products</p> <p>Lesson 2</p> <p>Safety rules and risks:</p>	<p>Other:</p> <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness • Collective worship themes reflecting on current local/global situations • Lent fundraising activities <p>St John’s Ambulance (Basic First Aid) – https://www.sja.org.uk/get-advice/first-aid-lesson-plans/</p> <p>Use the above link to access resources for the following:</p>

Drugs, alcohol and tobacco		Self-discipline – Celebrating growth to new life	language as a barrier	alcohol and smoking	<ul style="list-style-type: none"> • KS2 Basic Life Support • KS2 Asthma
Health and prevention					

Year 4					
Summer Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Spiritual)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Respectful relationships Caring friendships Mental well being Physical health and fitness	God loves us in our differences - To celebrate the uniqueness and innate beauty of each of us.	New Life – To hear and live the Easter message Building bridges – Admitting wrong, being reconciled with God and each other; Sacrament of Reconciliation God’s people – Different saint show people what Gods like	The Flower by John Light - To ask questions Red: A Crayon’s Story by Michael Hall – To be who you want to be	Values: Money and me - https://www.valuesmoneandme.co.uk/teachers Stories to work with: A Fair Day’s Pay, Costing the Earth	NCSC – Internet safety https://www.ncsc.gov.uk/information/cybersprinters-game-and-activities#section_1 Use the link above to access the game and suggested activities Other: <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness

Online relationships					<ul style="list-style-type: none"> Collective worship themes reflecting on current local/global situations
Being safe					
Internet safety and harms					<p>Computing – internet safety To use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.</p>

Year 5					
Autumn Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Social and Emotional)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Respectful relationships Caring friendships	God loves us in our changes and developing - To show knowledge and understanding of emotional relationship	Ourselves – Created in the image and likeness of God Life Choices – Marriage, commitment and service	Where the Poppies Now Grow by Hilary Robinson - To learn from our past Rose Blanche by Ian	Mental health and emotional well being: Lesson 1 – Mental health and keeping well Lesson 2 – Managing	Science: Living things and animals - <ul style="list-style-type: none"> To describe the life process of reproduction in some plants and animals

<p>Mental well being</p> <p>Physical health and fitness</p> <p>Being safe</p>	<p>changes as we grow and change</p>	<p>Hope – Advent; waiting in joyful hope for Jesus; the promised one</p>	<p>McEwan – To justify my actions</p>	<p>challenges and change</p>	<p>Animals including humans-</p> <ul style="list-style-type: none"> To describe the changes as humans develop to old age <p>Theme/Topic days:</p> <ul style="list-style-type: none"> CAFOD – Advent fundraising events Black History Week Anti Bullying Week Odd Socks day – Anti Bullying Christmas cards for residents in local care homes School health – healthy eating Knowsley Bikeability annually – encourages children to be road aware when using bikes on the roads <p>Other:</p> <ul style="list-style-type: none"> Daily mile is encouraged to promote health and fitness Collective worship themes reflecting on current local/global situations <p>Basic First Aid: Swimming lessons – safety in water skills</p>
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Year 5					
Spring Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Physical)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other

<p>Families and people who care for me</p> <p>Respectful relationships</p> <p>Caring friendships</p> <p>Physical health and fitness</p> <p>Health and prevention</p> <p>Changing adolescent body</p> <p>Drugs, alcohol and tobacco</p> <p>Online relationships</p> <p>Internet safety and harms</p> <p>Being safe</p>	<p>God loves us in our changing and developing</p> <p>– To show knowledge and understanding of the physical changes of puberty.</p>	<p>Mission – Continuing Jesus’ mission in diocese</p> <p>Memorial – The Eucharist, the living memorial of Jesus’ sacrifice</p> <p>Sacrifice – Lent; a time of aligning with the sacrifice already made by Jesus</p>	<p>How to heal a broken wing by Bob Graham - To recognise when someone needs help</p> <p>The Artist who painted a Blue Horse by Eric Carle – To appreciate artistic freedom</p>	<p>Drugs and alcohol - Lesson 1 Managing risks: medicines</p> <p>Lesson 2 Managing risks: legal and illegal drugs</p>	<p>NCSC – Internet safety https://www.ncsc.gov.uk/information/cybersprinters-game-and-activities#section_1</p> <p>Use the link above to access the game and suggested activities</p> <p>Other:</p> <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness • Collective worship themes reflecting on current local/global situations <p>St John’s Ambulance (Basic First Aid) – https://www.sja.org.uk/get-advice/first-aid-lesson-plans/</p> <p>Use the above link to access resources for the following:</p> <ul style="list-style-type: none"> • KS2 choking • KS2 bleeding • KS2 head injuries <p>Barnado’s – Real Love Rocks https://www.barnardosrealloverocks.org.uk/ Covering: Grooming, positive relationships and CSE (child sexual exploitation)</p>
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Year 5

Summer Term

RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Spiritual)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
<p>Families and people who care for me</p> <p>Respectful relationships</p> <p>Caring friendships</p> <p>Physical health and fitness</p> <p>Health and prevention</p> <p>Drugs, alcohol and tobacco</p>	<p>God loves us in our changing and developing - To celebrate the joy of growing physically and spiritually</p>	<p>Transformation – Celebration of the Spirit’s transforming power</p> <p>Freedom and Responsibility – Commandments enable Christians to be free and responsible</p> <p>Stewardship – The Church is called to the stewardship of Creation</p>	<p>And Tango makes Three by Justin Richardson - To accept people who are different from me</p> <p>The Cow who climbed a tree by Gemma Merino – To be assertive, to challenge prejudice</p>	<p>Drugs and alcohol - Lesson 3 Managing risks: Influences and pressure</p> <p>Lesson 4 Managing risks: drugs and alcohol in the media</p>	<p>Other:</p> <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness • Collective worship themes reflecting on current local/global situations • Internet safety workshop <p>Computing – internet safety To use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.</p> <p>Arial Trust Safe Skills – Covering: Four areas of Grooming, safety planning,</p>

					how to report an incident and how to access free counselling services for children.
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Year 6					
Autumn Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Social and Emotional)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me Respectful relationships Caring friendships Mental well being Physical health and fitness Health and prevention	The wonder of God's love in creating new life - To develop a secure understandig of what stable, caring relationships are and the different kinds there may be. Focussing on Catholic teaching, children will also know and understand	Loving – God who never stops loving Vocation and commitment – The vocation of priesthood and religious life Expectations – Jesus born to show God to the world	My Princess Boy by Cheryl Kilodavis - To promote diversity The Whisperer by Nick Butterworth – To stand up to discrimination	Mental health and emotional well being: Lesson 1 – Mental health and keeping well Lesson 2 – Managing challenges and change Lesson 3 – Feelings and common anxieties when transitioning	Science: Animals including humans- <ul style="list-style-type: none"> To identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood To recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function To describe the ways in which nutrients and water are transported within animals, including humans Theme/Topic days: <ul style="list-style-type: none"> CAFOD – Advent fundraising events Black History Week Anti Bullying Week Odd Socks day – Anti Bullying Christmas cards for residents in local care homes

Being safe	about the conception of a child within marriage.			to secondary school	<ul style="list-style-type: none"> • School health – healthy eating • Knowsley Bikeability annually – encourages children to be road aware when using bikes on the roads <p>Other:</p> <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness • Collective worship themes reflecting on current local/global situations <p>Basic First Aid: Swimming lessons – safety in water skills</p>
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Year 6				
Spring Term				
RSHE strands covered this term:	Coverage of RSHE strands:			
	Journey in Love (Physical)	Come and See	No Outsiders in our school (Stories to cover)	Other
Families and people who care for me Respectful relationships Caring friendships	The wonder of God's love in creating new life – Explain how human life is conceived.	Sources – The Bible, the special book for the Church Unity – Eucharist enables people to live in Communion	The Island by Armin Greder - To challenge the causes of racism Love You Forever by Robert Munsch – To consider how	Science: Living things and their habitats Pupils should be taught to: <ul style="list-style-type: none"> • describe how living things are classified into broad groups according to common observable characteristics and based on similarities and differences, including micro-organisms, plants and animals • give reasons for classifying plants and animals based on specific characteristics <p>NHS – Every Mind Matters Use the PPTs and guidance for the following lessons (these lessons can be split across the year if preferred):</p>

Physical health and fitness		Death and New Life – Celebrating Jesus’ death and resurrection	my life may change as I grow up	<ul style="list-style-type: none"> • Lesson 1: Sleep • Lesson 2: Building connections • Lesson 3: Social media • Lesson 4: Physical and mental well being • Lesson 5: Worry and what to do about it
Health and prevention				<p>Other:</p> <ul style="list-style-type: none"> • Daily mile is encouraged to promote health and fitness • Collective worship themes reflecting on current local/global situations • Lent fundraising activities
Mental well being				<p>Computing – internet safety To use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.</p>
Changing adolescent body				
Internet safety and harms				
Being safe				

Year 6					
Summer Term					
RSHE strands covered this term:	Coverage of RSHE strands:				
	Journey in Love (Spiritual)	Come and See	No Outsiders in our school (Stories to cover)	PSHE Association	Other
Families and people who care for me	The wonder of God’s love in creating new life – Show an understanding of how	Witnesses – The Holy Spirit enables people to become witnesses	Dreams of freedom by Amnesty International - To recognise my freedom	Values: Money and me –	NCSC – Internet safety https://www.ncsc.gov.uk/info

<p>Respectful relationships</p> <p>Caring friendships</p> <p>Physical health and fitness</p> <p>Internet safety and harms</p> <p>Being safe</p> <p>Mental well being</p>	<p>being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.</p>	<p>Healing – Sacrament of the sick</p> <p>Common Good – Work of the worldwide Christian family</p>	<p>Leaf by Sandra Dieckmann – To overcome fears about difference</p>	<p>https://www.valuesmoneyandme.co.uk/teachers</p> <p>Stories to work with: I want it! Do you need it?</p>	<p>mation/cybersprinters-game-and-activities#section_1</p> <p>Use the link above to access the game and suggested activities</p> <p>Barnado’s – Real Love Rocks https://www.barnardosrealloverocks.org.uk/ Covering: Grooming, positive relationships and CSE (child sexual exploitation)</p> <p>Arial Trust Safe Skills – Covering: Four areas of Grooming, safety planning, how to report an incident and how to access free counselling services for children.</p> <p>St John’s Ambulance (Basic First Aid) – https://www.sja.org.uk/get-advice/first-aid-lesson-plans/</p> <p>Use the above link to access resources for the following:</p> <ul style="list-style-type: none"> • KS2 Allergies
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